

# Connecting with Kids Workshop



Our kids mean so much to us, and yet disconnection, dissociation and even the potential for self-harm is very real. Join us to listen to Kim Barthel talk about having more self-compassion, self-awareness and knowledge about the art and science of relationships.

**Tuesday, May 7th**  
**6:00pm - 8:00pm (PST)**

Free and Online

[Connecting with Kids - FamilySmart](#)